



Swim lessons

\$58/session

Knowing how to swim can save your life - or even someone else's. Taught by certified YMCA instructors, our swimming lessons will give you lifelong skills to help you be safe in and around the water. And you just might develop a lifelong passion for swimming!

Questions? Contact Thomas or membership services:

Thomas Macmillan: thomas.macmillan@eo.ymca.ca

Membership services: brk.membership@eo.ymca.ca

Ages 3 - 5

Preschool

Formerly known as Lil Dippers

Introduces preschoolers to a wide range of water activities while setting a foundation of swimming skills essential to their safety in water and continuous learning in swim lessons.

Bobber/Floater
Glider/Diver | Surfer/Jumper

Ages 6 - 12

Learn to Swim (L2S)

Designed to build a love for the water and introduce fundamental swim skills to children 6 years and older

Otter/Seal | Dolphin/Swimmer

Ages 6 - 12

Star 1-4

Focuses on improvement and learning of the core swim strokes as well as confidence in deep water.

Star 1/2 | Star 3/4

Ages 6 - 12

Star 5-7

Focuses on building endurance while streamlining the core swim strokes. This program will also introduce participants to some basic lifesaving skills included in the Lifesaving Society's Swim Patrol program.

Star 5/6 | Star 7

Prescott Pool

Swim lessons

Not sure what level to register your child in?
Find their latest SwimGen report card at:

eo.ymca.ca/brk-reportcard

Preschool (Ages 3 - 5) | Star 1-4 (Ages 6 - 12) | Star 5-7 (Ages 6 - 12) | Learn 2 Swim (Ages 6 - 12)



Monday - Thursday



30 min.
classes

2 week sessions

	Session 1 July 3-July 13	Session 2 July 17-July 27	Session 3 July 31-Aug 10	Session 4 Aug 14-Aug 24
10:00am	Bobber/Floater Dolphin/Swimmer Surfer/Jumper	Bobber/Floater Dolphin/Swimmer Otter/Seal	Bobber/Floater Dolphin/Swimmer Otter/Seal	Bobber/Floater Dolphin/Swimmer Surfer/Jumper
10:35am	Glider/Diver Star 1/2 Bobber/Floater	Dolphin/Swimmer Star 1/2 Glider/Diver	Glider/Diver Otter/Seal Bobber/Floater	Otter/Seal Bobber/Floater Glider/Diver
11:10am	Otter/Seal Bobber/Floater Star 3/4	Glider/Diver Bobber/Floater Star 3/4	Star 1/2 Bobber/Floater Star 5-7 (1 hour)	Dolphin/Swimmer Bobber/Floater Star 1/2
11:45am	Otter/Seal Glider/Diver Bobber/Floater	Star 1/2 Otter/Seal Bobber/Floater	Bobber/Floater Dolphin/Swimmer	Star 1/2 Glider/Diver Otter/Seal



Monday or Wednesday



30 min.
classes

Weekly sessions run: July 3 - August 23

	5:00pm	5:35pm	6:10pm	6:45pm
Monday	Bobber/Floater Dolphin/Swimmer Surfer/Jumper	Glider/Diver Star 1/2 Bobber/Floater	Dolphin/Swimmer Bobber/Floater Star 3/4	Otter/Seal Glider/Diver Bobber/Floater
Wednesday	Bobber/Floater Dolphin/Swimmer Star 1/2	Glider/Diver Star 1/2 Bobber/Floater	Otter/Seal Bobber/Floater Star 5-7 (1 hour)	Otter/Seal Glider/Diver

Please note:

- Star 5, 6 & 7 classes are 60 minutes.
- In the event of thunder or lightning, lessons will be stopped for 20 minutes after the last clap of thunder and 30 minutes after lightning.
- In the event of a thunderstorm, you are welcome to call the pool to ask about the opening status.
- In the event of pouring rain, the pool will be closed if staff on duty are unable to clearly see the bottom of the pool.
- We are unable to make up group lessons missed due to thunderstorms, mechanical problems or necessary maintenance procedures (such as pool fouling) and no refunds or credits will be issued.