

PRESCOTT FIGURE SKATING CLUB



2015/2016 Winter Schedule

<u>MONDAY</u>	<u>WEDNESDAY</u>	<u>Friday</u>
5:00-5:15 - Intermediate – Dance/Skills/Int	4:00-4:15 – Intermediate – Dance/Skills/Interp	4:00-5:00 - Senior– Free Skate
5:15- 5:55 - Intermediate Free Skate	4:15-5:05 – Intermediate – Free Skate	5:00-5:15 – Senior- Dance/Skills/Interp
5:55-6:05 - Intermediate Conditioning	5:05-5:15 – Intermediate– Conditioning	5:15-5:25 - Senior - Conditioning
6:05-6:15 Flood	5:15-5:25 Flood	5:25-5:35 – Flood
6:15-6:45 Pre- CanSkate	5:25-5:55 - Pre-CanSkate	5:35-5:45 - Intermediate – Conditioning
6:15-7:05 - CanSkate	5:25-6:15 – CanSkate	5:45-6:00 – Intermediate– Dance/Skills/Interp
7:05- 7:35 - Senior Open Ice	6:15 - 7:05 CanPowerSkate	6:00-6:50 – Intermediate – Free Skate
7:35-7:50 – Senior – Dance/Skills	7:05 -7:15 Flood	
7:50-8:50 – Senior – Free Skate	7:15- 7:25 – Senior – Conditioning	
	7:25- 7:40 – Senior Dance/Skills/Interp	
	7:40- 8:50 – Senior Free Skate	